

Private Dietitian Services & Fees

Traditionally our accredited dietitians offer services to assist people with their diabetes management. However, we pleased to offer private dietitian services to people wishing to see a dietitian for other reasons.

Why see a dietitian?

Common conditions:

- Cholesterol, blood pressure & heart health
- Kidney & liver disease
- Weight management
- Underweight / malnutrition
- Bone health
- Women's health
- Vegetarian and vegan diets

Complex conditions:

- Paediatric nutrition
- Disordered eating
- Food allergies and intolerances (IBS & FODMAP testing)
- Gastrointestinal disorders (GORD, Diverticular disease, Chron's Disease & Ulcerative Colitis)

Types of Consultations

Standard initial consults (up to 60 minutes) & Review consults (up to 30 minutes)

Ideal for individuals with 1-2 common conditions to be addressed or wanting general advice and guidance.

Extended initial consults (up to 90 minutes) & Reviews consults (up to 60 minutes)

Ideal for those with complex conditions (as noted above), those with multiple conditions to address, or individuals wanting a detailed meal plan.

How much will it cost me?

Fees vary from \$65-150 depending on the consult type booked.

- You may be eligible for a **rebate of \$58 with a Team Care Plan** by your general practitioner (GP). GPMP (GP management plan) and TCA (Team Care Arrangement) referrals are required at time of consult for this rebate.
- You may be eligible for a rebate by your health insurance cover (please note we do not have a HICAPS machine on site).
- Concession rates are offered for those with a healthcare card or is a member of Healthy Living NT

| | | Upfront fee* | | Out of Pocket with concession/rebates** | |
|-----------------|-----------------------|--------------|------------|---|-------------------|
| Consult types | | General | Concession | GPMP | GPMP + Concession |
| Initial Consult | Standard 45-60 min | \$135 | \$100 | \$77 | \$42 |
| | Extended 70-90 min | \$150 | \$115 | \$92 | \$57 |
| Review consults | Standard 20-30 min | \$75 | \$65 | \$17 | \$7 |
| | Extended 45-60 min | \$135 | \$100 | \$77 | \$42 |

*Fees are based on time allocated for appointments

**Rebates for private health insurance is not listed as this depends on your plan/coverage. Contact your private health fund provider to see what you are entitled too (Item no. 500 & 600).

Cancellation fee of \$20 apply for less than 24 hours' notice.



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Healthy Living NT
is the trading name of the
Diabetes Association
of the Northern Territory
Incorporated.